# Women in Sport for All from Multicultural Perspectives 

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## COUBERTIN:

1919 - All Sports for All
"Jadis la practique des sports était le passe-temps occasionel de la jeunesse riche et oisive. J'ai travaillé trente ans à en faire le plaisir habituel de la petite bourgeoisie. Il faut maintenant que ce plaisir-lá pénétre l'existence de l'adolescence prolétaire. Tous les sports pour tous - voilà sans doute une formule qu'on va taxer de follement utopique; je l'ai largement pensée et scrutée; je la sais exacte et possible.

Coubertin, P. Lettres Olympiques (XI),
Gazette de Lausanne, janvier 13, 1919, No 12, p. 1

## Sport for All

- Definitions of SFA
- Sport for all ('all' as a group)
- Sport for all ('all' as individual)
- What to consider
- Universalism (mass sport?)
- Cultural diversity (segmentation? Target groups?)


## Sport for All

- Objectives of study
- to present data related to the participation of women in SFA national initiatives in five continents
- to compare and analyze these data quantitatively and qualitatively focusing on similarities and differences

Worldwide Experiences and Trends in SFA, 2002

## Sport for All

Question:

Do the influences of cultural diversity on
women's participation in sport really mean
multicultural respect towards universalism?

## The databank



- 36 countries, 5 continents
- 87 authors
- Databank - 800 pages
- 36 studies cases
- Comparative study
- Basis for ground Research \& Development
"Sport for All (SFA) is today an umbrella term for recreation, sport development, mass participation programs and cultural recreation activities aiming to provide leisure opportunities and health promotion to their adherents".

Goslin, A. \& Bush, A.

## Women in SFA - Number of countries

| CONTINENTS/ <br> PAÍSES | Countries with <br> sports programs <br> for women | Countries where <br> women <br> participate in <br> other TG | Countries that <br> don't mention <br> women |
| :--- | :---: | :---: | :---: |
| Ásia (7) | 3 | 3 | 1 |
| África (2) | 1 | - | 1 |
| Europa (17) | 4 | 6 | - |
| Am Latina (7) | 1 | 5 | 1 |
| Am do Norte (2) | - | 2 | 4 |
| Total (35) | 9 | 16 | $\longleftarrow$ |

## Women as a Target Group

$$
\text { Juxtaposition Analysis - } 35 \text { countries - 1970s/ 1990s }
$$

| SIMILARITIES | DIFFERENCES |
| :--- | :--- |
| - Objectives to do sporting activities | • Age brackets of $\neq$ TGs |
| • Profiles of $\neq$ phases of life | • Preferences for sporting |
| - Levels of education and income in | activities |
| the various countries related to | • Inclusion of children/family |
| participation in sports | •Social inclusion |
| - Job market and sports | • Visibility |
| • Gender roles | $\bullet$ Women as managers |

## Results

- Not many differences between East ad West
- Women remain invisible in many countries
- Mass sport vs target groups
- Prejudice and discrimination against women
- Globalization of sport (Olympic Games)


## Tendencies

- Women as a TG in more countries
- Contextualization of social inclusion
- Customization
- Respect for diversity
- Visibility in several positions


## Questions

Can women be considered a cultural group?

Is it possible to study the inclusion of women
from both perspectives of 'sport for all'?

## Methodological options

- Comparative study - international proposals vs. national/local experiences
- Study cases - each country, one case
- Pre-set categories for comparisons (validation with experts in 1998)
- Focus on local culture vs. general procedures or assumptions
- Emphasis on differences of both target groups and participant cultures


## Participation of the Danish population in sports (ages: 16-74)

|  | 1964 | 1975 | 1987 | 1993 | 1998 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $40-49$ | 10 | 25 | 44 | 49 | 51 |
| $50-59$ | 5 | 21 | 31 | 42 | 46 |
| $60-69$ | 3 | 11 | 30 | 36 | 47 |
| $70-74$ | 2 | 13 | 24 | 30 | 37 |

## Participation of the Spanish population in SFA (\%)

| Years | 1974 | 1980 | 1985 | 1990 | 1995 |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Total \% | 17.7 | 25 | 34 | 35 | 39 |
| Men | 22.7 | 33 | 46 | 42 | 48 |
| Women | 12.8 | 17 | 23 | 26 | 32 |

## Participation of the Danish population in sports

(ages: 16-74)

|  | 1964 | 1975 | 1987 | 1993 | 1998 |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Total | 15 | 29 | 42 | 47 | 51 |
| Men | 21 | 31 | 43 | 47 | 51 |
| Women | 11 | 27 | 42 | 47 | 51 |
| $16-19$ | 53 | 52 | 61 | 67 | 67 |
| $20-29$ | 27 | 41 | 48 | 56 | 59 |
| $30-39$ | 17 | 41 | 46 | 49 | 51 |

## Authors according to academic status or function

Asia (15): 10 PhDs, 2 Ms and 3 leaders or managers.
Africa(4): 2 PhDs, 1 Ms and 1 leader.
Europe (35): 26 PhDs, 3 Ms and 6 leaders or managers.
Latin America(21): 7 PhDs, 9 Ms and 5 leaders or managers.
North America (2): 1 PhD and 1 Ms .

Total: 87 authors - 46 PhDs (52,8\%);
16 Ms (18,3\%) and
25 (28,7\%) leaders or managers.

